

Blueberry Muffins

Makes 6 large muffins

Ingredients

1 egg
175ml milk
120ml vegetable oil
300gms self-raising flour
75gms granulated sugar
150gms blueberries
Brown sugar

Method

Heat oven to 170°C fan. Grease bottoms only of muffin pan with six large cups. Beat egg. Stir in milk and oil. Stir in remaining ingredients all at once just until flour is moistened (batter will be lumpy). Fill muffin cups about $\frac{3}{4}$ full. Sprinkle brown sugar over each muffin. Bake until golden brown - about 30 minutes. Remove from oven and immediately remove muffins from pan.